



## ***Radical Self Care and Sustainable Artmaking***

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Coordinated by Kate Just**

*Radical Self Care and Sustainable Artmaking* is a collaborative exhibition between teacher and feminist artist Kate Just and Master of Contemporary Art students at the Victorian College of the Arts. The exhibition works from two prompts (1) a poster by Sister Corita Kent, a feminist nun, printmaker and political activist, which espouses a set of rules for making art and (2) the quote by feminist writer Audre Lorde 'Caring for myself is not self-indulgence, it is self-preservation, and that is an act of political warfare.'

Sharing discussion, discourse, collaborative making and readings, and then working together to formulate art in response, teacher and students privilege self care and sustainable approaches to art making in a neoliberal world.

Photo documentation: Astrid Mulder



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